



NORTH LAKES STATE COLLEGE



BREAKFAST

Available from 8:15

Toasted Sandwiches	\$2.50
or	
Ham & Egg Muffin	\$2.50

DAILY SPECIALS

MONDAY

Homemade Pasta Bolognese	\$3.50
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TUESDAY

Fried Rice	\$3.50
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WEDNESDAY

Marinated Chicken Strips (3 only)	\$3.00
Baked Potato with Bolognese	\$3.50
Baked Potato with Baked Beans	\$3.00

THURSDAY

Chicken Stir Fry	\$3.50
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FRIDAY

Butter Chicken or Thai Red Curry & Rice	\$3.50
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PLEASE NOTE:

All food is prepared using fresh ingredients.
Burgers are made with chicken breast fillets and homemade mince meat patties.

All ham used is from the bone and is not processed.

There are no preservatives or colourants added to our food.

This menu complies with Smart Choices and the National Healthy School Canteens Project.

AVAILABLE DAILY

All products are prepared fresh daily

HOT FOOD

Chicken Quesadilla	\$3.00
Lebanese bread with salsa, cheese, chicken & tomato	
Filled Focaccia	\$2.50
Herb & garlic bread with cheese, tomato & ham	
Chicken Dog	\$2.50
Marinated strip of chicken in a mini roll	
Chicken Burger	\$3.50
Marinated breast fillet of chicken with salad	
Hamburger	\$3.50
Homemade meat patty with salad	
Seasoned Wedges	\$2.00

WRAPS

Salad Wrap	\$2.00
Curried Egg Mayo Wrap	\$2.50
Chicken & Salad Wrap	\$2.50
Ham & Salad Wrap	\$2.50

SANDWICHES

Vegemite or Honey	\$1.00
Cheese or Chicken or Ham or Egg	\$2.00
Chicken Salad or Ham Salad or Egg Salad	\$2.50

SALADS

Garden or Chicken or Caesar or Tuna	Small \$3.00 Large \$4.50
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DRINKS

300ml Fresh Milk	\$1.00
600ml Fresh Milk	\$1.50
Calcium	\$1.50
300ml Flavoured Milk	\$1.50
250ml Up & Go Milk	\$1.50
Fruit Juice Pop Top	\$1.50
600ml Still Water	\$1.00
1l Still Water	\$1.50
Small Slushy	\$1.70

ICE BLOCKS

Fruit Icy Bite	\$0.50
Frozen Fruit Cup	\$0.50
Frozen Pineapple Ring	\$0.50
Frozen Yoghurt	\$2.00
Billabong	\$1.80
Ice Away Fruit Sorbet	\$2.50
Bulla Vanilla Cup	\$1.00

SNACKS

Fresh Fruit Bowls	\$2.00
Yoghurt Cups	\$1.50
Homemade Muffin	\$1.00
Homemade Cookie	\$1.00
Popcorn	\$1.00
Cheese & Biscuits	\$1.50
Pretzels	\$1.20
Chips	\$1.40